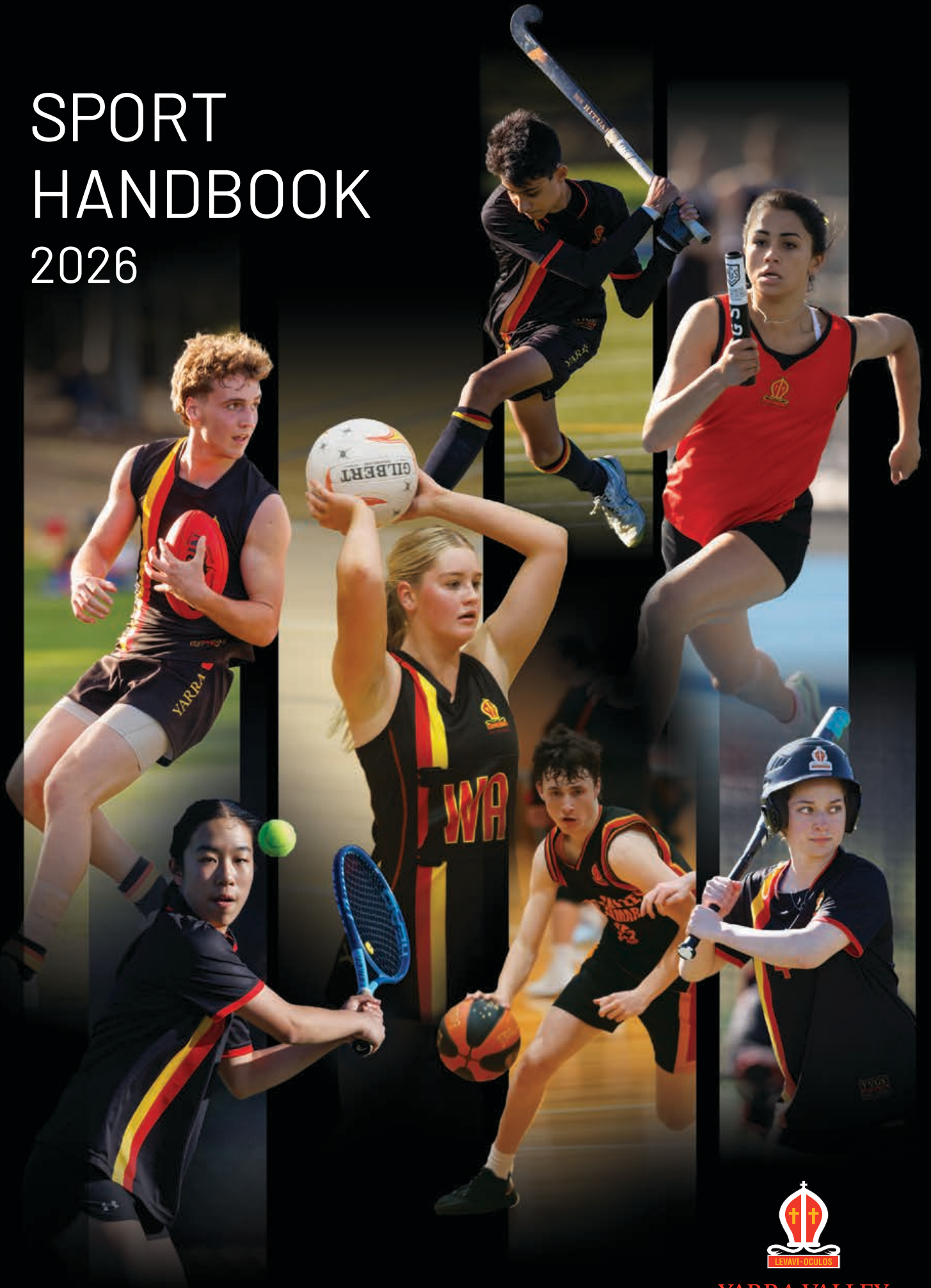


# SPORT HANDBOOK 2026



**YARRA VALLEY**  
GRAMMAR



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## KEY SPORT CONTACTS

### General Enquiries

Sport Administration Office  
sports@yvg.vic.edu.au  
9262 7801

### Director of Sport

Mr Andrew Parkes  
andrew.parkes@yvg.vic.edu.au  
9262 7802 or 0419 262 337

### Secondary School Sport Coordinator

Mr Charlie Thorn  
charlie.thorn@yvg.vic.edu.au  
9844 9830 or 0438 734 422

### Sport Administrator

Mrs Lindy Dowell  
lindy.dowell@yvg.vic.edu.au  
9262 7801

### Saturday Morning Illness

Please notify between 6.30am and 11.00am.  
Parents may register absence via the YVG App - 'Sports absence' button.

## OUR VISION

Yarra Valley Grammar offers a quality Sport program, providing opportunities for the development and growth of each student. Our Sport program will acknowledge and encourage:

- The pursuit of excellence – organisational, team and individual
- Maximal student engagement in sport
- Student successes
- Commitment to a range of sporting activities
- Positive team based culture
- Lifelong interest and participation in sport

## OUR MISSION

### Our Sport program exists to:

- Encourage all students to participate in sport for a sense of enjoyment, challenge and teamwork
- Provide opportunities for all students to participate and improve their skill level
- Contribute to a body/mind/spirit balance that will assist all students in their academic pursuits
- Provide teams to represent the School via participation in the AGSV/APS sport system
- Provide pathways and resources for elite students to develop

## OUR VALUES

### Our Sport program will recognise and foster:

- Personal Excellence
- Positive Wellbeing, including Resilience
- Optimism
- Team Focus
- Community Engagement
- Health and Fitness
- Student Accountability







# PROGRAM OVERVIEW

THE YARRA VALLEY GRAMMAR SCHOOL SPORT PROGRAM COMPRISES A RANGE OF ORGANISED SPORTING EXPERIENCES THAT ARE ACCESSED BY ALL YEAR 7-12 STUDENTS.

The Sport program is divided into two major seasons – Summer (Term 4 and Term 1) and Winter (Term 2 and part of Term 3). In addition, minor seasons are held for Swimming (Term 1) and Athletics (Term 3). These minor seasons are opportunities for swimmers and track/field athletes to train in order to be selected for the Yarra Valley Grammar School team - competing in the AGSV All Schools events that take place at the end of Term 1 and Term 3.

- **The YVG Boys teams** compete within a program facilitated by the Associated Grammar Schools Victoria (AGSV).
- **The YVG Girls teams** compete within a program facilitated by both the AGSV and APS (Associated Public Schools).

## AGSV Schools

- Assumption College
- Camberwell Grammar
- Ivanhoe Grammar
- Marcellin College
- Mentone Grammar
- Penleigh & Essendon Grammar
- Peninsula Grammar
- Trinity Grammar
- Yarra Valley Grammar

## APS Co-Educational Schools

- Carey Grammar
- Caulfield Grammar
- Geelong Grammar
- The Geelong College
- Haileybury College
- Wesley College

The rules and regulations of all sporting activities can be found at [www.agsv.com.au](http://www.agsv.com.au)

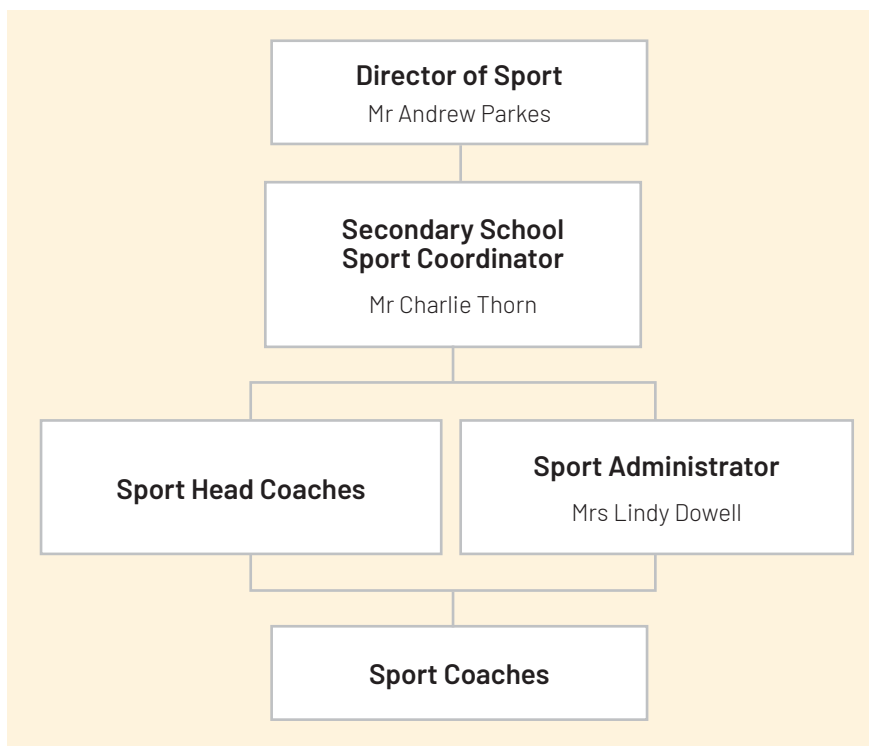


# SPORT LEADERSHIP AND COACHING STRUCTURE

All YVG teams are provided with at least one sports coach for training and for game day competition. In some cases, two coaches are assigned to a team depending on player numbers. Please note that YVG sport coaches are managed by the Director of Sport, however all coach related feedback from parents should be directed to the Sport Administration office (sports@yvg.vic.edu.au). YVG coaches are encouraged to communicate regularly with parents and generally will welcome a chat before or after the game.

Parents should not communicate with coaches whilst the game is being played.

## Organisational Structure



# STUDENT SPORT CHOICES

THE SPORT DEPARTMENT PROVIDES OPPORTUNITIES FOR STUDENTS TO SELECT OR CHANGE THEIR CHOICE OF SPORTS EACH YEAR.

All students will be provided with a Sport Selection Form survey link that will need to be completed prior to the advertised deadline. On occasion, if numbers are low/high in some sports, students may be asked to re-select. All efforts will be made to ensure that students are provided with a sport of their choice.

There are approximately 18 training weeks and up to 9 fixtured competition matches for each Summer and Winter Sport seasons.

Whilst competitions are mostly scheduled on Saturday mornings, students may be required to attend some Friday night fixtures, or on rare occasions, fixtures that occur at other times during the week.

## SUMMER Season (Term 4 and Term 1)

Boys	Girls
 Basketball	 Badminton
 Cricket	 Cricket
 Lawn Bowls	 Lawn Bowls
 Summer Fitness	 Softball
 Table Tennis	 Summer Fitness
 Tennis	 Tennis
 Volleyball	 Touch Football
	 Volleyball

## WINTER Season (Term 2 and Term 3)

Boys	Girls
 Badminton	 Aerobics
 Cross Country	 Basketball
 Football (AFL)	 Cross Country
 Hockey	 Football (AFL)
 Karate	 Hockey
 Soccer	 Karate
 Winter Fintess	 Netball
	 Soccer
	 Winter Fintess

## STUDENT SPORT CHOICES CONTINUED...



### Aerobics

Girls

Aerobics is offered to girls at YVG as a Winter Sport, in conjunction with the Gymnastics Victoria AeroSchools program.

Whilst there are no official AGSV/APS competitions in Aerobics, students prepare for two major performances that occur on a Friday/Sunday, including a final performance at the Gymnastics Victoria AeroSchools Competition.

Teams from YVG may also have the opportunity to compete at the AeroSchools National Championships that are run by Gymnastics Australia. Teams are invited based on placings at the Victorian Aeroschools event - (note that the National Championships may be held Interstate).

Students have the option to learn set routines in Duo, Teams and Aerodance divisions.

Students will be expected to attend all Period 5 training sessions, all scheduled competitions, as well as some additional training sessions on Saturdays in lieu of not having regular Saturday competitions. These sessions will be communicated well in advance.

Students will be asked to purchase a costume for the final performances, which includes a leotard and scrunchie. Students will also be expected to purchase white runners (with minimal branding) and plain white socks, as well as a pair of tan shimmer stockings.



### Badminton

Boys/Girls

Badminton is a core sport for the AGSV Boys Competition and AGSV/APS Girls Competition. Girls Badminton is played in summer (Term 1 and Term 4) and Boys Badminton is played in winter (Term 2 and Term 3).

**TEAM SIZE:** Up to 6 players are listed in a team for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and will be rotated evenly throughout the season.

**MATCH DURATION:** Matches last for approximately 90 minutes and are usually played between the hours of 8:00am and 12:00pm on Saturday mornings at central venues. Matches consist of both singles and doubles rubbers.

**UNIFORM:** Players require a YVG Multisport top, along with YVG sport shorts and YVG socks.

**EQUIPMENT:** Students should purchase their own badminton racquet and bring this to all training sessions and Saturday matches.



### Basketball

Boys/Girls

Basketball is a core sport that is played in summer (Term 4 and Term 1) for the AGSV Boys Competition and winter (Term 2 and Term 3) for the AGSV/APS Girls Competition.

**TEAM SIZE:** Up to 10 players are listed in a team for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and will be rotated evenly throughout the season.

**MATCH DURATION:** Basketball matches are approximately 50 minutes long, and are usually played between the hours of 8:00am and 1:00pm on Saturday mornings.

**VENUES:** Matches are played either at YVG for Home games, or at opposition school venues for Away games.

**UNIFORM:** Players require a YVG basketball singlet (supplied by the School Uniform Shop - note that the uniform shop will allocate a number for each player), along with YVG basketball shorts.

**SCORING:** Schools may be required to roster a scorer for all games. This may include parents for Year Level teams.



## Cricket

Boys/Girls

Cricket is a core sport in the AGSV Boys Competition and an emerging sport in the AGSV/APS Girls Competition. Cricket is played in the summer season. Girls can be selected as part of a boys team where a girls team is not entered.

**TEAM SIZE:** Up to 12 players are listed in a team for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and will be rotated evenly throughout the season.

**MATCH DURATION:** Cricket matches are approximately 2.5 hours to 4 hours, depending on the number of overs that are played, and are usually played between the hours of 8:30am and 12:30pm on Saturdays.

**VENUES:** Matches are played either at YVG for Home games, or at opposition school venues for Away games.

**UNIFORM:** Students require full cricket playing whites (YVG Cricket shirt/pants, socks) and a hat (broad-brimmed or YVG cap).

**EQUIPMENT:** Students must purchase their own cricket equipment, including a cricket bag, cricket bat and batting protective equipment (pads, thigh guard, gloves, abdomen guard, helmet - note that helmets are compulsory for batting and wicket keeping).

**SCORING:** Schools may be required to roster a scorer for all games. This may include parents for Year Level teams.



## Cross Country

Boys/Girls

Cross Country is a weekly sport in the AGSV Winter Sport Competition.

Cross Country Meets consist of Individual and Teams events over the course of the season.

**WEEKLY MEET DURATION:** Cross Country races will generally start from 9:00am and conclude by 11:00am on Saturdays, although there are some Friday afternoon fixtures (For example Round 1 of each season is a Friday meet)

The distance for each race is:

**BOYS OPEN (Yr 11/12)**

5 km - 7 km

**BOYS INTERMEDIATE (Yr 9/10)**

4 km - 5 km

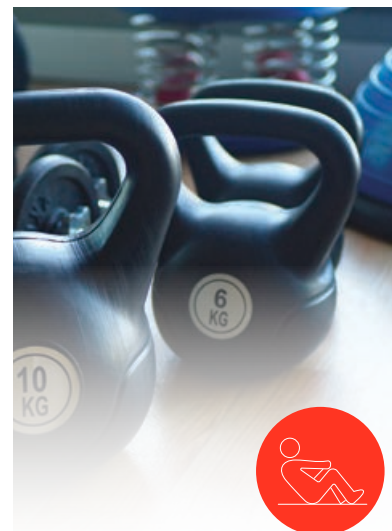
**BOYS JUNIOR (Yr 7/8)**

3 km - 4 km

**GIRLS OPEN**

3 km - 4 km

**UNIFORM:** Students will require a YVG running singlet, YVG sport shorts, YVG sport socks and runners.



## Fitness (Summer and Winter)

Boys/Girls

Summer/Winter Fitness is designed to help students build functional strength, improve conditioning, and develop lifelong fitness habits, all in a safe environment while at school.

These dynamic sessions will focus on the development of strength, endurance and mobility, which are the foundations for improving sports performance and maximising the physical and mental wellbeing of students.

**TEAM SIZE:** Students participate as individuals in this activity, however training sessions are held as a large group.

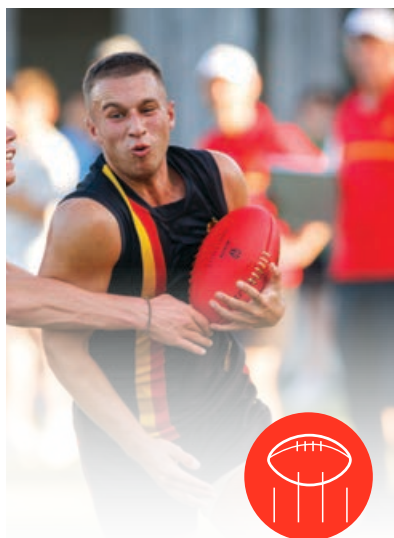
**SESSION DURATION:** Students in Summer/Winter Fitness will take part in weekly 60 minute training sessions during Period 5 Sport classes. Instead of competing in AGSV/APS Sport competitions, students in Fitness will participate in a second 60 minute Saturday morning training during the weekends of Summer/Winter AGSV/APS sport.

**VENUE:** All Fitness sessions take place at F45 Fitness (Mitcham or Croydon).

**UNIFORM:** Students will wear interschool sport uniform (interschool polo or multi sport top).

**EQUIPMENT:** Students must take a towel and drink bottle to all sessions.

## STUDENT SPORT CHOICES CONTINUED...



### Football (AFL)

Boys/Girls

Australian Rules Football is a core sport in the AGSV Boys Competition and AGSV/APS Girls Competition, played in the winter season.

**TEAM SIZE:** Up to 22 players are listed for each fixtured game. Additional players will be allocated as Emergencies from week-to-week.

**MATCH DURATION:** Football matches are completed in approximately 2 hours, and are usually played between the hours of 8:30am and 12:30pm on Saturdays.

**UNIFORM:** Players require a YVG football guernsey (note that sublimated football guernseys will be sold with number allocated by the School Uniform Shop), YVG football shorts, long YVG sport socks.

**EQUIPMENT:** All players should also purchase their own football boots with plastic studs and a fitted mouthguard (compulsory) for training and for games.

**SCORING:** Schools may be required to roster a scorer for games. This may include parents for Year Level teams.



### Hockey

Boys/Girls

Boys Hockey is a core sport played in the AGSV winter season. Girls Hockey is also played in the AGSV/APS Girls winter season.

Girls may be selected as part of a Boys team where a girls team is not entered.

**TEAM SIZE:** Up to 15 players are listed for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and will be rotated evenly throughout the season.

**MATCH DURATION:** Hockey matches are completed in approximately 60 minutes, and are usually played between the hours of 8:00am and 1:00pm on Saturdays.

**UNIFORM:** Players will require a YVG Multisport top, YVG sport shorts, and long YVG sport socks for their games.

**EQUIPMENT:** All players must purchase their own hockey sticks, shin guards and a fitted mouthguard (compulsory), for training and games.



### Karate

Boys/Girls

Karate is a Winter Sport and not part of our core AGSV program. Karate is a co-educational activity that comprises opportunities for students to build confidence, improve physical fitness, and develop valuable self-defense skills in a supportive and engaging environment.

**TEAM SIZE:** Students will train in groups with some individual and partner based activities.

**SESSION DURATION:** Karate training sessions take place in normal Period 5 sport training time and on Saturday mornings (8am or 9am). Most sessions comprise one hour of training.

**VENUE:** Karate sessions take place off campus at Samurai Karate in Croydon (above Bob Stewart uniform shop) at 1 Maroondah Highway, Croydon.

**UNIFORM:** Students will wear interschool sport uniform (interschool polo or multi sport top). Students may purchase a karate gi from the venue if they wish.

**EQUIPMENT:** Students will be required to purchase sparring protective gloves. Mouthguards are compulsory for all contact activities.



## Lawn Bowls

Boys/Girls

Lawn Bowls is a Summer Sport and not part of our core AGSV program. Lawn Bowls is a co-educational sport that comprises opportunities for students to play the game against other AGSV Schools in a relaxed recreational environment.

**TEAM SIZE:** Students will play games in teams of around 4 players each team.

**SESSION DURATION:** Lawn Bowls sessions take place in normal Period 5 sport training time and on Saturday mornings (8am or 9am). Most sessions comprise 90 minutes of game time.

**VENUE:** Lawn Bowls training sessions take place off campus at Ringwood Lawn Bowls Club. Games are generally played at Heidelberg Bowls Club on Saturday mornings.

**UNIFORM:** Students will wear interschool sport uniform (interschool polo or multi sport top) and YVG cap/hat.

**EQUIPMENT:** YVG will supply Lawn Bowls equipment for players.



## Netball

Girls

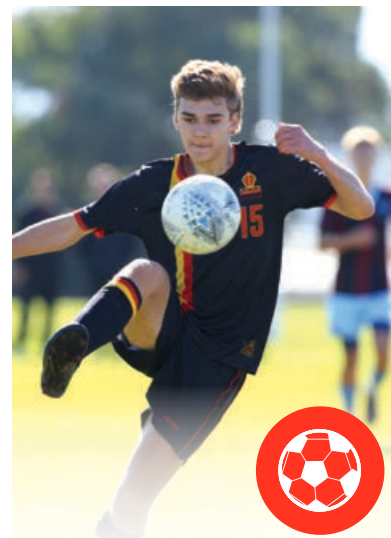
Netball is a core sport played in the winter season of the AGSV/APS Girls Competition.

**TEAM SIZE:** Up to 10 players are listed for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and will be rotated evenly throughout the season.

**MATCH DURATION:** Netball matches are completed in approximately 60 minutes, and are usually played between the hours of 8:00am and 1:00pm on Saturdays.

**UNIFORM:** Players will require a YVG netball dress, and white YVG sport socks for their games.

**SCORING:** Schools may be required to roster a scorer for games. This may include parents for Year Level teams.



## Soccer

Boys/Girls

Soccer is a core sport played in the winter season for both the AGSV Boys competition and AGSV/APS Girls Competition.

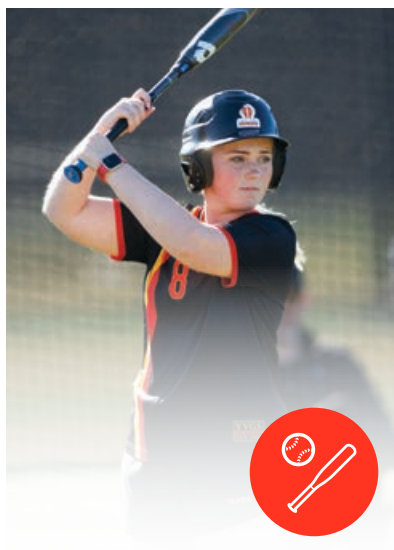
**TEAM SIZE:** Up to 15 players are listed for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and will be rotated evenly throughout the season.

**MATCH DURATION:** Soccer matches are completed in approximately 80 minutes, and are usually played between the hours of 8:00am and 1:00pm on Saturdays.

**UNIFORM:** Players will require a YVG Multisport top, YVG sport shorts, and long YVG sport socks.

**EQUIPMENT:** All players should purchase their own shin guards and soccer boots (with plastic studs on the base).

**SCORING:** Schools may be required to roster a scorer for games. This may include parents for Year Level teams.



## Softball

Girls

Softball is a core sport played in the summer season of the AGSV/APS Girls Competition.

**TEAM SIZE:** Up to 12 players are listed in a team for each fixtured game. Additional players will be allocated as Emergencies from week-to-week.

**MATCH DURATION:** Softball matches are completed in approximately 75 minutes, and are usually played between the hours of 8:00am and 1:00pm on Saturdays.

**UNIFORM:** Players require a YVG Multisport top, along with YVG sport shorts and long YVG sports socks. YVG caps/visors can also be worn for sun protection.

**EQUIPMENT:** All students should purchase their own baseball/softball cleats with plastic studs for extra grip whilst running between bases and fielding. A softball glove should also be purchased for training and games, however the Sport Department has gloves that can be loaned for training and games.

**SCORING:** Schools may be required to roster a scorer for games. This may include parents for Year Level teams.



## Table Tennis

Boys

Table Tennis is a sport played in the summer season of the AGSV Boys Competition.

Teams will be selected in Open, Year 9/10 and Year 7/8 year level categories.

**MATCH DURATION:** Table tennis matches are completed in approximately one hour, and are usually played between the hours of 8:00am and 12:00pm on Saturdays at central venues.

Matches consist of both singles and doubles rubbers.

**TEAM SIZE:** Up to 6 players are listed in a team for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and will be rotated evenly throughout the season.

**VENUES:** All table tennis games are fixtured at central venues

**UNIFORM:** Players require a YVG Multisport top, along with YVG sport shorts and YVG socks.

**EQUIPMENT:** All players should purchase their own table tennis bat for training and for games.



## Tennis

Boys/Girls

Tennis is a core sport played in the summer season of the AGSV Boys Competition and the AGSV/APS Girls Competition.

Matches consist of both singles and doubles matches.

**TEAM SIZE:** Up to 9 players are listed in a team for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and players will be rotated evenly throughout the season.

**MATCH DURATION:** Tennis fixtures are completed in approximately two hours, and are usually played between the hours of 8:00am and 1:00pm on Saturdays.

**VENUES:** Matches are played either at YVG for Home games, or at opposition school venues for Away games.

**UNIFORM:** Players require a YVG tennis polo shirt, along with YVG sport shorts and YVG socks. YVG caps/visors can also be worn for sun protection.

**EQUIPMENT:** All players should purchase their own tennis racquet for training and for games.



## Touch Football

Girls

Touch Football is a core sport played in the summer season of the AGSV/ APS Girls Competition.

**TEAM SIZE:** Up to 12 players are listed for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and players will be rotated evenly; throughout the season.

**MATCH DURATION:** Touch football matches are completed in approximately 50 minutes, and are usually played between the hours of 8:00am and 1:00pm on Saturdays.

**UNIFORM:** Players require a YVG Multisport top, along with YVG sport shorts or touch football shorts and YVG white socks. YVG caps/visors can also be worn for sun protection.

**EQUIPMENT:** All players should purchase their own football/soccer boots with plastic studs for training and for games.



## Volleyball

Boys/Girls

Volleyball is a core sport played in the summer season of the AGSV Boys Competition and AGSV/APS Girls Competition.

**TEAM SIZE:** Up to 12 players are listed in a team for each fixtured game. Additional players will be allocated as Emergencies from week-to-week and players will be rotated evenly throughout the season.

**MATCH DURATION:** Volleyball matches are completed in approximately 60 minutes and are usually played between the hours of 8:00am and 1:00pm on Saturdays. Games are usually scheduled at central venues.

**UNIFORM:** Players require a YVG Multisport top, along with YVG sport shorts or volleyball shorts and YVG white socks.

## Limitations on sport selections

Students must select at least one AGSV core sport each year. If students opt out of a season, the remaining season sport must be a core AGSV sport (not fitness or karate).

Students who select aerobics may not opt out of their summer sport.

More information regarding co-curricular points and opting out of a sports season is available from Year Level Coordinators.

# YEAR LEVEL TEAMS

THE VAST MAJORITY OF OUR STUDENTS WILL BE PROVIDED WITH AN OPPORTUNITY TO PLAY WITHIN THEIR YEAR LEVEL TEAMS IN THE SUMMER AND WINTER SEASONS.

The Divisions for training and competitions are organised in the following groups:

## JUNIOR

Year 7/8 students

## INTERMEDIATE

Year 9/10 students

## OPEN

Year 11/12 students

In most sports, students may be picked in teams based on their Year Level (for example, Year 9A Basketball)

A range of Year Level teams are provided in some sports. Students selected for A Teams may expect to be in a more performance-oriented environment that may provide some additional training/

playing opportunities, with the view of eventually playing in a Development Squad or Firsts Squad. Students in B Teams who regularly demonstrate commitment, determination and skill in games will be considered for selection in A Teams.

Selections for other teams that are made at the start of the season are not likely to change. Short term changes that may occur from time-to-time to cover other absences, including for injury and unavailability within the team, will be communicated in advance. Coaches have been instructed to communicate with students any proposed changes to selection, including appropriate feedback on their performance.

Being rested on the sidelines for any team is a necessary part of sport. Coaches will make every effort to ensure all players are given adequate game time. Coaches maintain team numbers that allow for players to have regular rests throughout the game.

All training takes place during school hours on the designated

Year Level sport afternoon. Unless otherwise indicated, this training session commences at 2:00pm and concludes at 3:25pm for dismissal home. Students are required to change at lunchtime for Period 5 sport training and begin to walk to the Sports Complex around 1:50pm. Students who train off campus will need to meet at the Sport Complex car park by 1:40pm to catch their bus (these students will change at recess to ensure that they are at their bus meeting place by 1:40pm).

Non participation in training or games may result in additional consequences, including an after school sports detention or deduction of co-curricular points. Any potential long term exemption from training must be communicated with the Sports Department in advance and be approved by the Director of Sport/ relevant Head of School.



# FIRSTS SQUADS

FIRSTS SQUADS REPRESENT OUR HIGHEST LEVEL OF SCHOOL TEAM PARTICIPATION AND ARE OPEN TO STUDENTS ACROSS ALL YEAR LEVELS. FIRST SQUADS PLAY FOR PREMIERSHIP POINTS AND IN SOME SPORTS, THE SEASON ENDS WITH A FINALS SERIES AND THE RECOGNITION OF THE BEST TEAM VIA A PREMIERSHIP TROPHY.

There are additional expectations placed on students in a Firsts Squad, including their presentation (uniform), commitment to training and matches (attendance), and their conduct both at school and during games.

Students selected in Firsts Squads have increased commitments when compared to Year Level teams. These include additional pre-season training and development opportunities, a pre-season Season Launch event, specialised training and match uniforms, post-match

presentations with light refreshments, opportunities for selection in AGSV/APS representative teams, end of season Presentation evening and a Season Launch.

Prior to the start of each season, opportunities will be made available for students to trial for inclusion in a Firsts Squad. All students must trial in order to gain selection, even if they have participated in a Firsts Squad in previous seasons. Players in Firsts Squads will remain selected based upon their commitment, determination, skill and performance. In some cases, players may be moved in/out of Firsts Squads.

Players in Firsts teams will have game time allocated based upon the situation in the game. In Firsts matches, game time may not be allocated evenly to all players.

Students who have been selected in Firsts teams are not required to attend their Year Level training in Period 5. These students are allocated a supervised Private Study period in their Period 5 session. For example, a Year 9 student who has been selected in a Firsts team will be allocated private study on Thursday Period 5.

Firsts team training generally takes place on Tuesday and Thursday, either in the morning (starting from 6:45am) or in the afternoon (concluding by 5:15pm).

Some additional training and playing opportunities may also be made available over the school holidays, which may involve some extra travel.

# DEVELOPMENT SQUADS

Development Squads are a key tool for the nurturing of future Firsts players in our Year Level teams. Students who are eligible for a Development Squad will be offered a place at the start of a season, and may be required to attend additional training sessions during the week in addition to their timetabled Year Level (Period 5) training session.

Development Squads may also have additional opportunities to participate in matches as a Squad.





## SATURDAY SPORT GAME DAY PROCEDURES

Games are generally played on Saturday mornings between the hours of 8:00am and 1:00pm. On some occasions, a Friday afternoon or midweek fixture may be scheduled. Notice of these games will be provided at the start of each sport season.

Students should aim to be at their game venue 30 minutes before the scheduled start time (students should check with their coaches when they are expected to arrive at the venue for their games).

## COMMUNICATION AND INFORMATION FOR AGSV SUMMER/ WINTER SPORT TEAMS

ALL WEEKLY FIXTURES, VENUES, AND OTHER INFORMATION FOR GAMES AND TEAM LISTS WILL BE AVAILABLE VIA THE SPORT PAGE ON THE YVG APP.

### Timeline for communication of upcoming Saturday teams and fixtures:

- **Monday 4:00pm**  
All Fixtures and Venues confirmed for Saturday games. Application deadline for withdrawals for the upcoming Saturday games.
- **Tuesday 4:00pm**  
All Year 7/8 final team changes finalised.
- **Wednesday 4:00pm**  
All Open final team changes finalised.  
All Firsts team changes finalised.
- **Thursday 4:00pm**  
All Year 9/10 final team changes finalised.
- **Friday 12:00pm**  
Any further changes to team players will be contacted directly. Any further changes to venues (court/ground allocation or weather related), players will be notified via the YVG App and by email.

### ABSENCES

Our Sport program has a high student attendance at Saturday games. On rare occasions, a student may be unable to attend their Saturday game due to an unavoidable clash with another important commitment.

A fundamental aspect of enrolment at YVG is an understanding that students participate fully in at least one season of YVG Sport.

Students can apply to the relevant sports co-ordinator to withdraw for a game via the YVG Portal/YVG App. Applications can be made weeks or months in advance.

The deadline to withdraw from a Saturday game is on Monday 4:00pm in the week leading up to the absence. This deadline allows coaches and the Sports Department to make any relevant adjustments to teams in the week leading up to the game.

Students who are absent from a game and do not have an approved withdrawal application will receive an after school Sport detention.

Students who withdraw from sport with injuries must provide a medical certificate clearly supporting the student's medical condition and a suggested return to sport date. This information can also be logged via the YVG Portal.

## EMERGENCIES

Any students who are listed as Emergencies must remain available to play. Emergencies can still attend their Saturday game, but will not be required to play unless families are contacted by a member of the Sports Department. A last minute illness may result in emergency players filling in even as late as Saturday morning.

## SPORT UNIFORM REQUIREMENTS

Students representing the School in sporting fixtures must wear the correct team/sport uniform to all training and competitions, including whilst traveling to sporting fixtures students. No non-YVG apparel should be worn before or after a game, or whilst on school transport.

All YVG Sport uniforms are available from the Bob Stewart Uniform Shop situated at 1-7 Maroondah Highway, Croydon (03 9036 7386). The Uniform Shop hours are available on the YVG website or email [croydon@bobstewart.com.au](mailto:croydon@bobstewart.com.au).

## TRANSPORT

YVG will provide a bus that departs for some Saturday games that are played at Assumption College, Penleigh and Essendon Grammar, Peninsula Grammar and Geelong Grammar/College.

Any bus details will be published via the YVG App each week. For these matches, it will be assumed that all players will be traveling on the bus unless otherwise advised to the Sports Department.

Transport will also be provided for sports programs that require a departure/arrival during the school week.



# ADDITIONAL SPORT PROGRAMS

## ATHLETICS

YVG athletes have the opportunity to compete for the School in the annual AGSV Athletics Championships in September.

The YVG athletics team train in Term 2 and Term 3, and compete in weekly athletics meets in Term 3 in the lead up to the final championships.

The squad will be selected following a trial process in the first two weeks of the season. The expectation is that students in the squad attend all after school training sessions and all of the Saturday morning meetings. A number of athletes from each age group are then selected (based upon their performances) to compete in the final annual competition.

In rare cases, students may not need to achieve selection in the final team to participate in the athletics season and obtain co-curricular points. Likewise, students involved in significant programs external to the School Athletics program and still wish to participate in the final AGSV Athletics carnival are encouraged to discuss their eligibility with the Director of Sport.

## GOLF

Member schools from the Associated Grammar Schools Victoria (AGSV), along with schools from the Associated Public Schools (APS) and Ballarat Associated Schools (BAS) are invited to play in the annual AGSV/APS/BAS Golf Championship.

YVG can enter three to four players to compete in the Teams event, with the best three individual scores to comprise the team's score, or enter players to compete for the Individual Trophy.

To be eligible to compete, all players (girls or boys) must have an Official Golf Australia Handicap of 21 or less.

YVG golfers have also gone on to compete at the Victorian Independent Schools State Golf Finals that are run by Golf Australia.

## SWIMMING

YVG swimmers have the opportunity to compete for the School in the annual AGSV Swimming Championships at the end of Term 1.

The YVG swimming team train in Term 4 and Term 1, and compete in weekly swimming meets in Term 1 in the lead up to the final championships. A number of swimmers from each age group are selected (based on their performance) to compete as part of the final Swimming Squad.

The expectation is that swimmers in the squad train twice per week with the school team and participate in all of the required Friday meets. Meets are conducted on Fridays after school during Term 1 leading up to the AGSV Championships.

In rare cases, students may not need to achieve selection in the final team to participate in the swimming season and obtain co-curricular points. Students who are involved in significant programs external to the swimming program and still wish to participate in the final AGSV Swimming carnival are encouraged to discuss their eligibility with the Director of Sport.

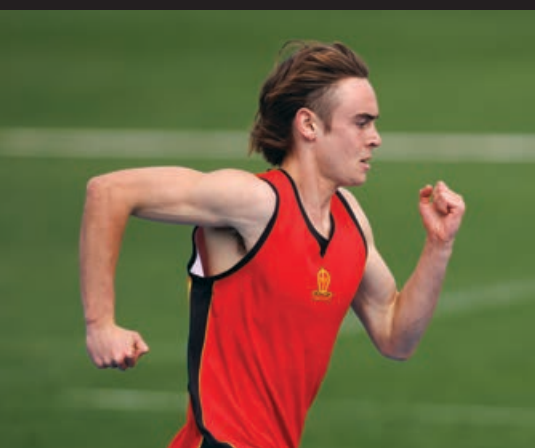
# AWARDS AND RECOGNITION OF EXCELLENCE



Students and teams who have achieved excellent results throughout their season will be recognised at End of Season Awards events.

Year Level teams will have awards presented at a Sports Assembly – these are generally held during a Period 5 training session at the conclusion of the season.

Firsts teams and parents are invited to a Summer/Winter Presentation Evening – these evenings consist of awards and speeches that summarise the season. End of Year Major Sport Awards are also presented at the Senior School Presentation Evening.



## CODE OF CONDUCT PARENTS

YVG parents are strongly encouraged to attend games and to support our teams. Saturday mornings are an excellent opportunity for parents to meet and connect with other parents.

- Remember that children participate in sport for their enjoyment, not yours
- Encourage your children to participate and select a sport that they would like to play, not a sport that you would like them to play
- Focus on your child's efforts and engagement rather than whether they win or lose
- Encourage children to play according to the rules and to settle disagreements without resorting to hostility or violence
- Never ridicule or yell at a child for making a mistake or losing a game
- Remember that children learn best by example - you are an important role model
- Appreciate good performance, effort and skilful plays by all participants
- Support all efforts to remove verbal and physical abuse from sporting activities
- Respect officials' decisions and teach children to do likewise
- Show appreciation for volunteers, coaches, officials and administrators. Without them, your child could not participate
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion
- Under no circumstances are parents permitted to address players in opposition teams

## CODE OF CONDUCT STUDENTS

YVG students should be committed to participating in games with an intention to win their game. Equally important should be their commitment to sportsmanship and respect for their opponents.

Yarra Valley Grammar Sport Teams are expected to maintain their efforts until the game is complete. Students will warmly shake hands with their opponents in recognition of their respect and appreciation for the contest prior to and after each game.

### **Expected Behaviours of Students in Sport training and competition**

- Play by the rules
- Never argue with an official - students who are sent from the field/court may incur a further consequence
- Students must regulate their emotions. Verbal abuse of officials,
- Displays of anger, sledging other players or deliberately distracting or provoking an opponent are not acceptable or permitted behaviors in any sport
- Work equally hard for self and team
- Demonstrate sportsmanship and respect for opponents and team mates at all times.
- Students may not take unfair advantage of another competitor or disrespect and opponent if a Yarra team is in an unassailable winning position
- Cooperate with coach, officials, teammates and opponents
- Participate with a sense of enjoyment and positivity
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- Students are not permitted to respond in any way to poor behaviour from opponents, opposing coaches or observers



## FROM THE DIRECTOR OF SPORT

*Sport is an incredibly important and valued aspect of life at Yarra Valley Grammar. Each student is encouraged to find their sport success via a range of opportunities at any level of ability. The school has significant resources designed to support each student in their sporting endeavours and the AGSV/ APS Sport organisation forms the basis of a well organised and busy program. From students who are starting out and learning a new sport to those students competing at State or National level, we feel that there is something for everyone here at Yarra. Students competing for Yarra feel a deep sense of pride and belonging to our wonderful school and this continues to enrich our school culture.*

**Mr Andrew Parkes**

*Director of Sport*



**YARRA VALLEY**  
G R A M M A R

*confidence to achieve*

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